



MID NORTH EDUCATION CENTRE

# SUN SMART / UV POLICY

The Mid North Education Centre has a sun protection policy for students and staff to ensure appropriate sun protection behavior is implemented. We are a recognised SunSmart School.

## **As a school we will:**

- Ensure sun protection & skin cancer prevention is included in the curriculum.
- Regularly promote sun safe practices in newsletters and in classrooms.
- Encourage students and staff to wear sun protective clothing i.e. shirts with collars, longer sleeves, longer styled shorts and skirts that covers as much skin as possible.
- Provide shaded play areas/eating areas or indoor areas and stipulate use when UV level is 3 and above and on high risk exposure days.
- Our school will provide suitable hats for our children.
- Allow children to remain indoors when the temperature is extreme or it is a high risk exposure day.
- Induct families into our sun policy.
- Sun protection will be considered when planning excursions.
- Encourage students use SPF50 water resistant sunscreen.
- Remind students to apply sunscreen 15-20 minutes before going outdoors and to reapply every two hours when outdoors for an extended period.
- Encourage the use of sunglasses where appropriate and safe.



### **In the yard staff will:**

- Remind students about the need to wear a hat, sunscreen and seek shade.
- Model good practices by wearing a hat, sunscreen, sunglasses and sun protective clothing while on duty.
- Acknowledge those students who are wearing hats and sunscreen.

### **Students will:**

- Be provided with a suitable hat.
- Actively participate in lessons about sun protection.
- Remember to wear an appropriate hat and SPF50+ sunscreen before going outside.
- Play in a shaded area or wear an appropriate hat and sunscreen during Terms 1, 3 and 4 when the UVR level is 3 and above outside.

### **Parents will:**

- Encourage their child to wear an appropriate hat and sunscreen or play in the shade.
- Model sun protection practices while on site.
- Encourage their child to wear longer style clothing-shirts/shorts/skirts.
- Ensure sunscreen is applied prior to their child coming to school.

Date: 4<sup>th</sup> June 2019

Review due: 4<sup>th</sup> June 2020