The Mid North Education Centre is committed to supporting the Health and Wellbeing of all students.

An important part of this commitment is our Health Support Policy.

We acknowledge that Parents / caregivers/guardians retain primary responsibility for their child’s health care.
Sickness
Students who are unwell should not attend school.

The school does not have facilities or staff for sick students other than to provide first aid. The Principal will make the decision if students need to go home if unwell. Parents / Caregivers & or emergency contact will be telephoned.

Students who are ill should rest and recover at home until they are well enough to return to school.

Basic First Aid
For basic first aid treatment, students will be assisted by staff if necessary and home contact will be made if needed.

In an emergency
- At school, staff will administer first aid and contact the front office. The front office will contact ambulance services and student home/emergency contacts as required.
- Of site (e.g. excursions, camps, buses) staff will administer first aid, contact ambulance services and home/emergency contacts and inform school.

STUDENT HEALTH SUPPORT POLICY

Partnerships with parents / caregivers are important.

Parents/caregivers are responsible for providing accurate, up to date, relevant information for staff regarding children’s routine and emergency health care needs.

Students will be supported, wherever possible to develop safe, self management of their health care needs. This will occur with respect for the child’s age and stage of development.

School staff can assist with administering First Aid and by providing supervision in taking prescribed medication as outlined in personal Care Plans.

PARTNERSHIP PLANS

Health and Personal Care Plans
Some students may require assistance with their routine or health and personal care needs.

Before staff can assist with this, parents/caregivers must provide written information about specific care needs using the relevant Care Plans forms.

These forms need to be completed by the treating health professional in consultation with parents/caregivers at the time of enrolment, reviewed annually and whenever there is a change.

The range of Care Plans includes
- Epilepsy and Seizure Care Plan
- Asthma care Plan (even if mild or occasional)
- Diabetes Care Plan
- Anaphylaxis Care Plan (Severe Allergies)
- Modified Diet Care Plan
- Oral Eating and Drinking Care Plan
- Individual First Aid Plan

It is the responsibility of parent / caregivers to request and ensure all appropriate forms are completed and returned to school.

A copy of all Health Care Plans will be kept in the student’s folder and in the classroom.
Medication Management

If medication needs to be taken at school, students must have a Medication Authority form filled out by a doctor with the parent/caregiver.

Medication includes prescriptions, vitamins, homeopathic products and over the counter products including cough lozenges, eye drops, creams. As with other medications Paracetamol cannot be given without medical authority. Paracetamol (e.g. Panadol) is not available at school.

As much as possible, we encourage students to take medication outside of school hours. It is helpful however for the school to be informed of medications taken at home.

◊ If medication needs to be taken at school it is the parent/caregiver’s responsibility to provide it in the original pharmacist container with student name, name of medication, dosage and time on the label.

◊ Students should only bring a daily dose (except with asthma medication), unless negotiated individually.

◊ Any change in medication needs to be prescribed and documented by the doctor in a new Medication Authority.

School staff are not permitted to give medication unless all of the above are in place.

A Medication Log will be kept in all cases and a nominated supervising staff member will fill this out. Medication must be stored so that other students cannot access it. Parents / caregivers will be notified if students fail to take their required medication. Likewise parents / caregivers are requested to inform the school if students fail to take their medication at home.

The Health Support Plan

The Health Support Plan is a record of
◊ All Health Care Plans for the Student
◊ Structures / support that the school is putting into place

A copy of this and Health Care Plans will be kept in the student’s folder and the classroom.

MNEC

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Ratified by Governing Council.