Mid North Education Centre Making a difference by engaging and empowering

Student Health Support Policy

The Mid North Education Centre is committed to supporting the Health and Well-being of all students. MNEC is not equipped to deal with children who are sick.

In order to ensure we provide a safe and healthy environment, parents and caregivers need to be aware of the following guidelines.

Sickness

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Students who are unwell should not attend school. Please notify if your child is unwell and going to be absent.

The school does not have facilities or staff for sick students other than to provide first aid. The principal will make the decision if students need to go home if unwell. Parents/caregivers & or emergency contacts will be contacted.

Students who are ill should rest and recover at home until they are well enough to return to school.

If your child has an infectious illness (i.e: COVID-19, Chicken Pox, Measles, Eye Infections, Diarrhea) please inform the school. Some students in our care have suppressed immunity and may need additional care after being in contact with these diseases.

Exclusion periods for infectious illnesses vary; your GP or Pharmacist will be able to advise you on how long your child should be away from school.

If your child is deemed to be unwell while at school, parents/caregivers will be notified. You will be asked to collect your child from school.





Symptoms to Look Out For

- Diarrhea and vomiting
- Chicken Pox or sores covering parge parts of the body
- Infected colds (green/yellow discharge through a runny nose or cough)
- Eye infections
- High temperature or fever •

Parents and caregivers should always seek attention from their doctor or medical professional on symptoms or behaviours that are unusual for their child.

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Health and Personal Care Plans

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Some students may require assistance with their routine or health and personal care needs.

Before staff can assist with this, parents/caregivers must provide written information about specific care needs using the relevant Care Plan forms.

These forms need to be completed by treating health professionals in consultation with parents /caregivers at the time of enrolment, reviewed annually and wherever there is a change.

The range of Care Plans includes

- Epilepsy and Seizure Care Plan
- Asthma Care Plan (even mild or occasional)
- Diabetes Care Plan
- Anaphylaxis Care Plan (severe Allergies)
- Modified Diet Care Plan
- Oral Eating and Drinking Care Plan
- Individual First Aid Plan

It is the responsibility of the parent/caregiver to request and ensure all appropriate forms are completed and returned to school.



Partnerships with parents/caregivers are important.

Parents/caregivers are responsible for providing accurate, up to date, relevant information for staff regarding children's routine and emergency health care needs.

Students will be supported, wherever possible to develop safe, self management of their health care needs. This will occur with respect for the child's age and stage of development.

School staff can assist with administering First Aid and by providing supervision in taking prescribed medication as outlined in personal Care Plans.

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Medication Management

If medication needs to be taken at school, students must have a Medication Authority form filled out by a doctor or specialist with the parent/caregiver.

Medication includes prescriptions, vitamins, homeopathic products and over the counter products including cough lozenges, eye drops or vcreams. As with other medications, Paracetamol cannot be given without medical authority. Paracetamol (e.g.. Panadol) is not available at school.

- If medication needs to be taken at school, it is the parent/caregivers responsibility to provide it in the original pharmacist container with the students' name, name of medication, dosage and time on the label.
- Any change in medication needs to be prescribed and documented by the doctor in a new Medication Authority.

Schools staff are not permitted to give medication unless all of the above are in place.

A Medication log will be kept in all cases and 2 authorised staff members will fill this out. Medication is also administered by 2 authorised staff members. All student medication is stored in a pin-locked safe and only authorised staff can access it. Parents/caregivers will be notified if students fail to take their required medication. Likewise parents/caregivers are requested to inform the school if students fail to take their medication at home.

Basic First Aid

For basic first aid treatment, students will be assessed by staff and home will be contacted if necessary.

IN AN EMERGENCY

- At school, staff will administer first aid and contact the front office. The front office will contact ambulance services and student home/emergency contacts as required.
- Off site (e.g. excursions, camps, buses) staff will administer first aid, contact ambulance services and home/emergency contacts and inform school.





Mid North Education Centre

(08) 8632 1091

